



Dr. Mohan'sTM

DIABETES SPECIALITIES CENTRE



WHO Collaborating Centre
for Non-communicable Diseases
Prevention & Control



International
Diabetes Federation
IDF Centre of Education
2009-2013

drmhans.com

Best Diabetologist In India – Dr.Mohan



- ▶ Visit Dr.mohans [Best Diabetes Hospital In India](#) and get the best treatment around the world. We know Diabetes is a very crucial disease, it's the best treatment is provided by Diabetes Hospital in India. Diabetes consultant/specialists in India stated that if it is untreated, it can cause many complications. The reason for diabetes is, when the pancreas is not producing enough insulin, according to specialists in India.

About Dr. Mohans Diabetes Hospital in Chennai:

Dr. Mohan's Diabetes Consultant or Diabetes Hospital in India situated at Gopalapuram, Chennai. It was established in 1997 with the Madras Diabetes Research Foundation. Over the years it has grown to be one of the largest referral centers for Diabetes, with more than 1200+ personnel. This diabetes center is recognized as an internationally known tertiary care center for referral of Diabetic patients requiring super-specialist is opinion and management. With our Best Diabetologists in Chennai, it has helped us to own trust from 4,80,000+ Patients. Not only this, but it also helped us to successfully open 53+ Diabetic care centers across India.



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**Lifestyle
modification** is the
key to prevent
diabetes

- Dr V Mohan

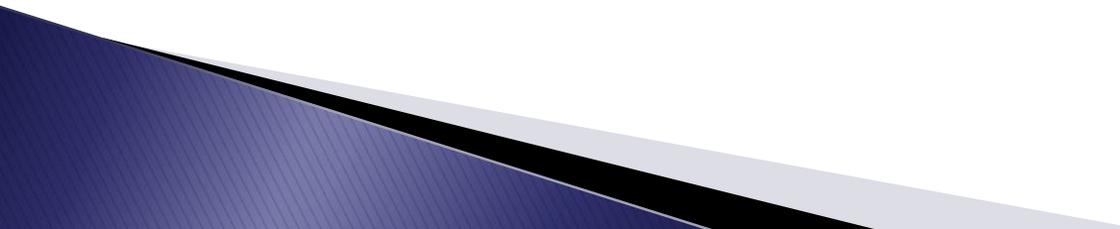


KEEP YOUR DIABETES UNDER CONTROL



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Why Choose Dr.mohans Best Diabetologists in India/Sugar Specialist in Chennai?

- ▶ Comprehensive management of diabetes mellitus
 - ▶ Facilities for glucose assessment and control
 - ▶ Assessment of complications
 - ▶ Treatment of childhood diabetes, gestational diabetes and Type 1 & Type 2
 - ▶ Diabetes diet and nutrition planning
 - ▶ Stress management counseling
- 



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EVERY
STEP YOU
TAKE

TODAY IS A
STEP AWAY

FROM

DIABETES



Self-Care Practices from Dr.Mohan Diabetic Specialist/Consultant:

- ▶ Avoid Refined Sugar or Artificial Sweetener
 - ▶ Work Out Regularly
 - ▶ Avoid Sugary beverages, Instead, Include Diabetic-friendly food Products.
 - ▶ Quit Smoking
 - ▶ Eat a High-Fiber Diet
- 

Top Preventive Tips & Guidelines To Manage Type 2 Diabetes and Type 1 Diabetes:

1. Manage your blood sugar levels –

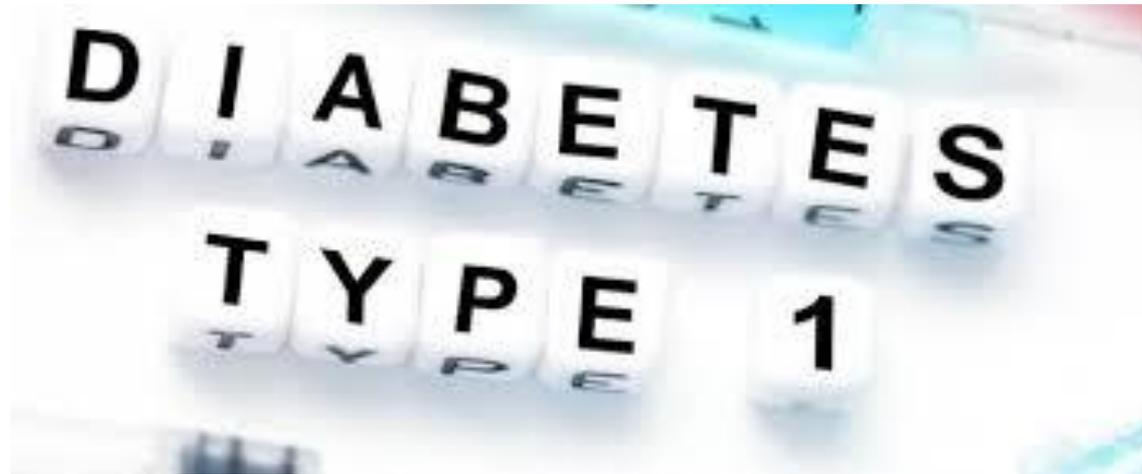
Help keep them as near to normal as possible every day. Check out your glucose levels frequently. Take your Type 2 diabetes and Type 1 diabetes medicine regularly and balance your food intake with exercise, stress management, medication, and good sleep habits.



2. Plan what you eat at each meal – Stick to your diabetes eating plan as often as possible. Get advice from [Diabetes Hospital](#).

3. Bring healthy snacks with you –

Keep less likely to snack on empty calories.



4. Exercise regularly –

Exercise will help keep you fit, burn calories, and helps normalize your blood glucose levels.

5. Keep up with your medical appointments –

That includes your doctor, diabetes educator, ophthalmologist, dentist, podiatrist, and other health care professionals and get utmost Type 2 diabetes treatment @ drmhans.com.

Our Medical Services in Dr. Mohan's Diabetes Hospital

Call us for;

Diabetes Prevention, Diabetes Diet, Weight Loss, Stress Management, Precision Diabetes, Insulin Management, Hypoglycemia, Eye Care, Foot Care, Cardiac Care, Kidney Care, Diabetes Physiotherapy, Orthopedic Care, Surgeries, Dental Care, Pregnancy, Fitness, Home Care, Obesity Centre, Insurance & Corporate Services, International Patients, Best Diabetologist in – Hyderabad, Coimbatore, Chennai, Bangalore, Pondicherry.

Conclusion:

Although natural remedies can help control blood sugar levels, you should also consult with a specialist diabetes consultant first if you're already following medical treatment.

We know Diabetes is a very crucial disease, the reason for diabetes is, when the pancreas is not producing enough insulin, according to the top 3 diabetologists in Chennai. One of our Diabetes consultant/specialists stated that if it is untreated, it can cause many complications. So, we designed to provide the best treatment in our diabetes hospital at payable fees.

If you want to see visible results in lowering your blood sugar level, add the above-mentioned remedies. Consult your [Diabetes Specialists](#) once before adding anything to your diabetic diet routine.

For instant support and Online Appointment with Dr. Mohan diabetes specialist consultant in Chennai, India, Reach us at drmohans.com.

More Details:

Call to discuss: 07825888631, 044 43968888

Book an Appointment: <https://drmohans.com/book-an-appointment/new/>

Website: <https://drmohans.com/>

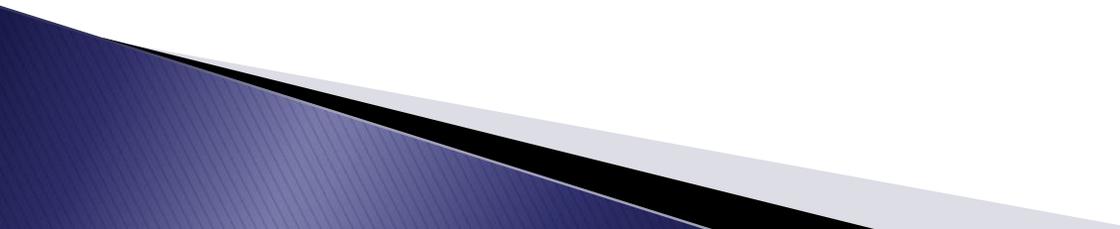
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<https://www.facebook.com/drmohansdiabetesinstitutions/>

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<https://www.youtube.com/channel/UC6BJrjTVCIMniKYU175QClw>



THANK YOU



FOR DEDICATING YOUR LIFE TO HUMAN WELFARE!



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